



Emergency Needlestick Information

Workers Please Note

If you experienced a needlestick or sharps injury or were exposed to the blood or other body fluid of a patient during the course of your work, immediately follow these steps:


- Wash needlesticks and cuts with soap and water.
- Flush splashes to the nose, mouth, or skin with water.
- Irrigate eyes with clean water, saline, or sterile irrigants.
- Report the incident to your supervisor.
- Immediately seek medical treatment.

Medical Providers Please Note

Recommendations for the management of occupational exposures to blood:

[MMWR Recommendations and Reports, Volume 54, Number RR-9, Updated U.S. Public Health Service Guidelines for the Management of Occupational Exposures to HIV and Recommendations for Postexposure Prophylaxis](http://www.cdc.gov/mmwr/PDF/rr/rr5409.pdf)
www.cdc.gov/mmwr/PDF/rr/rr5409.pdf

[MMWR Recommendations and Reports, Volume 50, Number RR-11, Updated U.S. Public Health Service Guidelines for the Management of Occupational Exposures to HBV, HCV, and HIV and Recommendations for Postexposure Prophylaxis](http://www.cdc.gov/mmwr/PDF/rr/rr5011.pdf)

 PDF (PDF format, 329 KB)
<http://www.cdc.gov/mmwr/PDF/rr/rr5011.pdf>

If you have questions about appropriate medical treatment for occupational exposures, 24 hour assistance is available from the [Clinicians' Post Exposure Prophylaxis Hotline \(PEpline\)](#) at **1-888-448-4911**.

<http://www.ucsf.edu/hivcntr>